



Everyone was amazed and gave praise to God. They were filled with awe and said, “We have seen remarkable things today.”

– Luke 5:26

Have you ever watched a one or two-year-old discovering the world around them? Every flower, every floating piece of cottonwood, every sound induces wonder and awe, smiles and wide eyes and giggles. Every day is a new adventure, a new discovery, a new way of seeing the world. This month, let’s discover that wonder again and marvel at what God has done, what God is doing, and what God has promised to do.

(The Circle guides have a little less detail this month. Below you’ll find daily questions and FaithFit Challenges, and we invite you to use these for your Circle gatherings in July.)

WHO ARE YOU?

JULY 4

SPIRIT SOARING

Galatians 5:25

Do you know how a bird flies? Sure, we know it flaps its wings, but that alone isn't enough to fly and travel. Birds learn to ride the wind, to let the wind lift them to new heights, to soar. The Holy Spirit is like the wind. In fact, the Greek word for spirit literally means "breath" or "burst of air". We may not be able to see the Holy Spirit, but like the air, it surrounds us, and when we learn to sense it, we, too, can soar.

With the Holy Spirit, I can soar.

JULY 11

STRONGER

Nehemiah 8:10

When we come to know the love of Jesus in our lives, we are changed. We see differently, noticing more readily how the Holy Spirit is at work. We feel differently, knowing the compassion of Jesus. And we think differently, always asking what Jesus would do. The love God shows us in Jesus changes us and how we relate to the world around us.

Knowing Jesus changes me.

JULY 18

READY TO BURST

1 Thessalonians 3:12

The Bible says with God all things are possible. Rocks can cry out. Mountains can be moved. The hungry can be fed. Water will overflow for the thirsty. Hearts can be changed. When we know the love of Jesus in our hearts, we find the potential to love in ways we never even imagined. It's like the love of Jesus is ready to burst out of us and change the world.

Jesus' love is bursting through me.

JULY 25

FEARLESS

Joshua 1:9

The world can be scary. Doing the right thing can seem too difficult. People can be mean or unsupportive. But God promises to be with us, and Jesus came to assure us of God's power and love. When we face scary things, difficult things, troublesome people, we know that Jesus will help us.

With Jesus, I don't have to be afraid.

WHO ARE YOU?

DAILY QUESTIONS

JULY 5-10

SPIRIT SOARING

Monday	Read John 14:15-21. What does Jesus teach about the Holy Spirit?
Tuesday	Read Ezekiel 36:22-38. What is the role and the purpose of the Holy Spirit?
Wednesday	Read Acts 2:38-41. How do we receive the gift of the Holy Spirit?
Thursday	Read Isaiah 40:28-31. How does the love of God and the presence of the Holy Spirit uplift you?
Friday	Read Galatians 5:22-26. What does it mean to you to live according to the Spirit or in step with the Holy Spirit?
Saturday	Read Acts 4:23-31. How can we experience the Holy Spirit through prayer or community?

FaithFit Challenge: Pay attention to the Holy Spirit. This week, take a walk one evening, alone or with your family. As you walk, reflect and/or discuss where you have experienced goodness, awe, and wonder – in your life, in prayer, in community, in nature. Say a prayer and give thanks to God.

JULY 12-17

STRONGER

Monday	Read Matthew 17:14-20. What do you think Jesus means when he tells his followers that with faith they can move mountains?
Tuesday	Read Nehemiah 8:9-12. How can the joy of the Lord make one stronger?
Wednesday	Read 2 Corinthians 4:17-18. How does our faith renew us and help us face trying times?
Thursday	Read Matthew 13:10-17. In what ways does knowing the love of Jesus change how we see the world around us?
Friday	Read 2 Corinthians 12:1-10. What do you think Paul means when he says “God’s power is made perfect in weakness” (NIV)?
Saturday	Read Psalm 73:21-28. How does knowing God give you strength?

FaithFit Challenge: Change what you see. Share with someone else this week a time in your life that was really difficult. Share who helped you in that time. Share how you got through it. Share what you learned. Give thanks to God for the blessings that you may not have noticed at the time and the strength you found to get through the difficulty.

WHO ARE YOU?

JULY 19-24

READY TO BURST

Monday	Read Psalm 145:1-13. What does a life bursting with God's love look like?
Tuesday	Read Jeremiah 2:4-13. What is the difference between letting God's blessings flow through us and storing or hoarding God's blessings?
Wednesday	Read John 7:37-39. What do you think Jesus means when he says we who believe will have streams of living water flowing through us?
Thursday	Read Acts 4:31-37. If God's love is bursting through God's people, what should the church look like to the world around it?
Friday	Read 1 John 4:7-12. How does your life reflect or not reflect the love of God?
Saturday	Read 1 Thessalonians 3:11-13. What is your prayer for Clay Church?

FaithFit Challenge: Share God's love. Bless someone with kindness this week – perform a random act of kindness, help someone with a task, write a note of encouragement, go out of your way to help someone. Tell them you are sharing God's love with them, and invite them to share it with others.

JULY 26-31

FEARLESS

Monday	Read Psalm 27:1. What are your greatest fears, and why?
Tuesday	Read Psalm 34:1-7. How can faith give us courage and dispel our fears?
Wednesday	Read Joshua 1:7-9. What helps to remind you that God is with you?
Thursday	Read Matthew 10:16-33. What does Jesus teach about fear?
Friday	Read 1 John 4:13-21. How does love drive out fear?
Saturday	Read Psalm 56:3-4. What does trust in God look like in how one approaches daily life?

FaithFit Challenge: Face a fear. Share a fear you have with someone you trust, or write it down if you are alone. Then, share a list of how this fear comes about (what triggers it for you) and how it impacts you (what it makes you think and feel). With this list, imagine what God might say in response to each of these triggers and feelings. Finally, Google "do not fear scripture" and find a Bible passage that encourages you not to be afraid.